



**UNIVERSITY OF THE
INCARNATE WORD.**

FEIK SCHOOL *of* PHARMACY



CONTINUING EDUCATION

present

WOMEN'S HEALTH: DIETARY SUPPLEMENTS – VITAMINS, MINERALS, HERBS

Presenter: Renee A. Bellanger, PharmD, BCNSP
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University of the Incarnate Word Feik School of Pharmacy; San Antonio, TX

Upon completion of this activity, pharmacists will be able to:

1. Describe indications and optimal use of specific vitamins and minerals to meet women's health objectives through the lifespan.
2. Identify five common herbal preparations that interfere with the pharmacokinetics of selected medications.
3. Assess dietary modifications needed for optimal use of common dietary supplements or medications by women.
4. Design a care plan to support the medical needs of a woman patient using dietary supplements.

Upon completion of this activity, pharmacy technicians will be able to:

1. Describe indications and optimal use of specific vitamins and minerals to meet women's health objectives through the lifespan.
2. Identify five common herbal preparations that interfere with the pharmacokinetics of selected medications.
3. Assess dietary modifications needed for optimal use of common dietary supplements or medications by women.
4. Provide support to a woman patient under a care plan using dietary supplements.

Date/Time: Wednesday, September 25, 2019 from 7:00-8:00pm (dinner/social at 6:30pm)

Location: UIW Feik School of Pharmacy, 703 E. Hildebrand, San Antonio, TX 78212

Room: FSOP 533 (P3 classroom)

CPE Credit: 1.0 contact hours (UANs: 0445-9999-19-022-L01-P; 0445-9999-19-022-L01-T)

Activity Type: Application-based activity

The University of the Incarnate Word Feik School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is designed for pharmacists and pharmacy technicians to apply knowledge related to women's health. There are no fees for this application-based CPE program. The pharmacist or pharmacy technician will only receive credit for programs after receiving a 70% on a post-test and an activity evaluation form is completed and submitted through FSOP's Learning Express CE website (<https://uiwfsop.learningexpressce.com/>). For detailed instructions on how to use the site, see the link at <https://pharmacy.uiw.edu/subsite/pharmacy/continuing-pharmacy-education/index.html>. Participants will have six weeks to complete the post-test and evaluation form. The deadline to submit the post-test and evaluation form to obtain CE credit is November 6, 2019.

